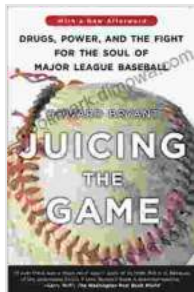


Drugs, Power, and the Fight for the Soul of Major League Baseball



Juicing the Game: Drugs, Power, and the Fight for the Soul of Major League Baseball by Howard Bryant

★★★★☆ 4.2 out of 5

Language : English
File size : 1344 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
X-Ray : Enabled
Word Wise : Enabled
Print length : 480 pages



By Tom Verducci

Major League Baseball is America's pastime, a sport that has been enjoyed by generations of fans. But in the 1980s and 1990s, the game was nearly destroyed by a rampant drug problem. Steroids, cocaine, and other performance-enhancing drugs were being used by players at all levels of the game, from the minor leagues to the major leagues.

The use of drugs in baseball was not a new problem. In fact, it had been going on for decades. But in the 1980s and 1990s, the problem reached epidemic proportions. The number of players using drugs increased dramatically, and the drugs they were using were more powerful than ever before.

The use of drugs in baseball had a devastating impact on the game. It led to an increase in injuries, a decrease in performance, and a loss of fan confidence. It also tarnished the image of the game and made it difficult for young people to look up to baseball players as role models.

The Steroid Era

The steroid era in baseball began in the early 1980s, when players began using anabolic steroids to improve their performance. Steroids are synthetic hormones that can increase muscle mass and strength. They are also known to have a variety of side effects, including heart disease, liver damage, and cancer.

The use of steroids in baseball quickly spread throughout the league. By the late 1980s, it was estimated that as many as half of all major league players were using steroids. The use of steroids led to a dramatic increase in home runs and strikeouts, and it also contributed to the rise of the designated hitter.

The steroid era came to an end in 2003, when Major League Baseball implemented a new drug testing policy. The policy banned the use of steroids and other performance-enhancing drugs, and it also included penalties for players who tested positive for drugs.

The Cocaine Scandal

In the early 1980s, a cocaine scandal rocked Major League Baseball. It was revealed that several major league players were using cocaine, and that some of them were even using it during games. The scandal led to the suspension of several players, and it also damaged the image of the game.

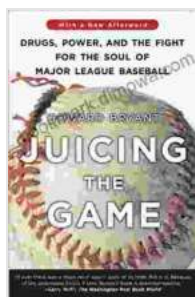
The cocaine scandal had a lasting impact on Major League Baseball. It led to the creation of a drug testing policy, and it also made it more difficult for players to use drugs without getting caught.

The Fight for the Soul of Major League Baseball

The drug problem in Major League Baseball was a serious threat to the game. It led to an increase in injuries, a decrease in performance, and a loss of fan confidence. It also tarnished the image of the game and made it difficult for young people to look up to baseball players as role models.

But thanks to the efforts of Major League Baseball and its players, the game was able to overcome the drug problem. The implementation of a new drug testing policy and the creation of a drug education program helped to reduce the use of drugs in baseball. And the players who stood up and spoke out against drug use helped to change the culture of the game.

Today, Major League Baseball is a clean sport. The use of drugs is no longer a problem, and the game is stronger than ever before. The fight for the soul of Major League Baseball was a long and difficult one, but it was a fight that was ultimately won.



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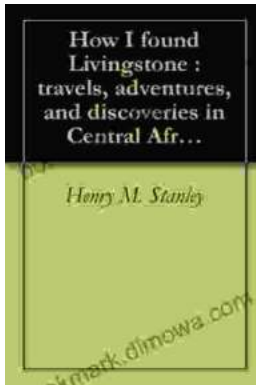
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