

Emily's Ride to Courage: An Unforgettable Journey of Triumph and Inspiration



Emily's Ride to Courage by Sarah Maury Swan

★★★★☆ 4.7 out of 5

Language	: English
File size	: 355 KB
Text-to-Speech	: Enabled
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 149 pages
Screen Reader	: Supported
Paperback	: 28 pages
Reading age	: 5 - 6 years
Item Weight	: 3.36 ounces
Dimensions	: 8.5 x 0.07 x 8.5 inches

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Emily's Ride to Courage is an extraordinary memoir that will stay with you long after you finish reading it. Author Sarah Maury Swan bares her soul as she shares her inspiring journey of battling breast cancer and the transformative power of her wilderness horseback adventure.

Swan's story is one of triumph and resilience. She was diagnosed with breast cancer at the age of 34, and her world was turned upside down. She

underwent a double mastectomy and chemotherapy, and her life was forever changed.

In the wake of her cancer diagnosis, Swan felt lost and unsure of her future. She had always been an active and adventurous person, but now she felt like her body had betrayed her. She longed to find a way to reclaim her sense of self and to find a new purpose in life.

That's when she discovered equine-assisted therapy. She began working with horses, and she quickly realized that they had a profound impact on her emotional and physical well-being. The horses helped her to connect with her inner strength and to find the courage to face her fears.

Inspired by her experiences with horses, Swan decided to embark on a wilderness horseback adventure. She rode for over 1,000 miles through the rugged backcountry of Wyoming, Montana, and Idaho. This journey was a physical and emotional challenge, but it was also a transformative experience.

Along the way, Swan met other cancer survivors and heard their stories of hope and resilience. She learned about the importance of community and support, and she discovered a newfound appreciation for the beauty of the natural world.

Emily's Ride to Courage is a beautifully written and inspiring memoir. Swan's story is a reminder that even in the face of adversity, we can find strength, hope, and courage. This book is a must-read for anyone who has ever faced a challenge or who is looking for inspiration.

What Readers Are Saying About *Emily's Ride to Courage*

"Emily's Ride to Courage is an unforgettable story of triumph and inspiration. Sarah Maury Swan's writing is honest, raw, and deeply moving. This book will stay with you long after you finish reading it." - Ann Hood, author of *The Book That Matters Most*

"Emily's Ride to Courage is a powerful and inspiring memoir. Swan's journey is a testament to the human spirit's ability to overcome adversity. This book is a must-read for anyone who has ever faced a challenge." - Cheryl Strayed, author of *Wild*

"Emily's Ride to Courage is a beautifully written and inspiring memoir. Swan's story is a reminder that even in the face of adversity, we can find strength, hope, and courage. This book is a must-read for anyone who has ever faced a challenge or who is looking for inspiration." - Elizabeth Gilbert, author of *Eat, Pray, Love*

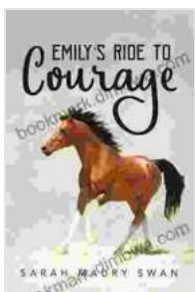
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About the Author

Sarah Maury Swan is an author, speaker, and equine-assisted therapy facilitator. She is the founder of the nonprofit organization, Emily's Ride to

Courage, which provides wilderness horseback adventures for cancer survivors. Swan lives in Montana with her husband and two children.

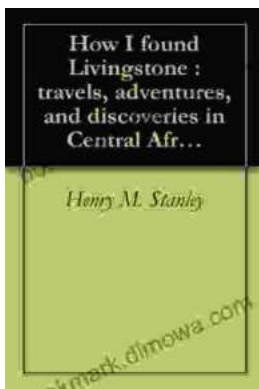


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