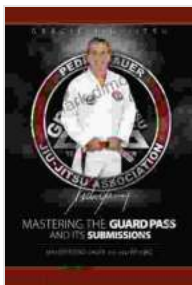


# Mastering the Guard Pass and Its Submissions: Unlocking the Secrets to Dominating on the Ground

Are you ready to revolutionize your ground game and become an unstoppable force on the mats? With "Mastering the Guard Pass and Its Submissions" by Master Sauer, you'll gain an unparalleled understanding of the guard pass and its devastating submissions, unlocking the secrets to dominating on the ground.



## Mastering the Guard Pass and Its Submissions (Master Sauer Book 1) by Heidi Heilig

★★★★☆ 4.5 out of 5

Language : English  
File size : 22902 KB  
Text-to-Speech : Enabled  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 171 pages  
Lending : Enabled  
Screen Reader : Supported

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The guard is a fundamental position in BJJ and grappling, but it can also be one of the most frustrating. Breaking through a well-established guard can seem like an insurmountable task. However, with the techniques and strategies revealed in this book, you'll discover how to navigate the guard with ease and transition to dominant positions with confidence.

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## **Unleashing the Power of Submissions From the Guard Pass**

Breaking through the guard is just the beginning. Once you've successfully passed the guard, a whole new world of submission opportunities opens up. "Mastering the Guard Pass and Its Submissions" teaches you how to capitalize on your dominant position and finish the fight with a variety of powerful submissions.

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- Improve your guard passing success rate
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- Become a more dominant and dangerous grappler
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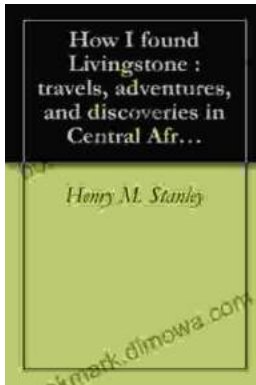
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