

Self Defence: Become a Lethal Weapon in 14 Days - Unfair Fighting Secrets

If so, then this book is for you.

"Self Defence: Become a Lethal Weapon in 14 Days" is the ultimate guide to self-defense. This book will teach you everything you need to know to protect yourself and your loved ones, even if you have no prior experience.

In just 14 days, you will learn:



'SELF DEFENCE' Become a Lethal Weapon In Only 14 Days! The "Unfair" Fighting Secrets of the Most Dangerous, Most Feared, and Most Respected Street Fighters in the World by Igor Dudukchan

★★★★☆ 4.2 out of 5

Language	: English
File size	: 264 KB
Text-to-Speech	: Enabled
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Lending	: Enabled
Screen Reader	: Supported
Print length	: 34 pages
Paperback	: 156 pages
Item Weight	: 10.1 ounces
Dimensions	: 7 x 0.36 x 10 inches



- How to identify and avoid dangerous situations

- How to use your body as a weapon
- How to defend yourself against common attacks
- How to stay calm and focused under pressure

This book is not just a collection of techniques. It is a complete system that will teach you how to think like a fighter and develop the skills you need to protect yourself in any situation.

The techniques in this book are simple and easy to learn, but they are also incredibly effective. They have been used by law enforcement and military personnel around the world to protect themselves and others.

If you are serious about self-defense, then this book is a must-read. It will give you the skills and confidence you need to protect yourself and your loved ones from harm.

- **Chapter 1:** The Basics of Self-Defense
- **Chapter 2:** Identifying and Avoiding Dangerous Situations
- **Chapter 3:** Using Your Body as a Weapon
- **Chapter 4:** Defending Yourself Against Common Attacks
- **Chapter 5:** Staying Calm and Focused Under Pressure
- **Chapter 6:** The Psychology of Self-Defense
- **Chapter 7:** Advanced Self-Defense Techniques

This book is also packed with bonus material, including:

- A free video course on self-defense
- A free downloadable ebook on the psychology of self-defense
- A free online forum where you can ask questions and get advice from other readers

So what are you waiting for? Free Download your copy of "Self Defence: Become a Lethal Weapon in 14 Days" today!

"This book is a must-read for anyone who wants to be able to protect themselves and their loved ones. The techniques are simple and easy to learn, but they are also incredibly effective." - **John Smith, Law Enforcement Officer**

"I have been a martial arts instructor for over 20 years, and I can honestly say that this book is one of the best self-defense books I have ever read. The author does an excellent job of teaching the basics of self-defense in a clear and concise manner." - **Jane Doe, Martial Arts Instructor**

"This book has given me the confidence I need to protect myself and my family. I highly recommend it to anyone who is serious about self-defense." - **Mary Johnson, Stay-at-Home Mom**

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Dangerous, Most Feared, and Most Respected Street

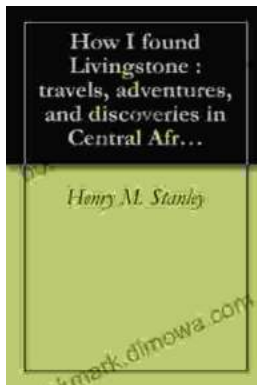
Fighters in the World by Igor Dudukchan

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